

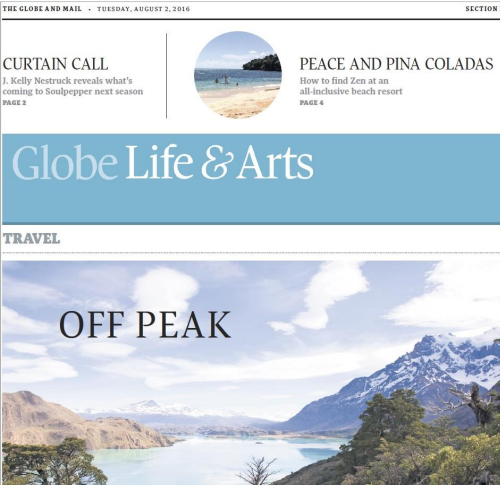




As the temperature dips, a frozen landscape comes to life and offers a new adrenaline rush... **ICE CLIMBING.** Strap on some crampons, wield a pick and go where only winter will let you

Travel Features  
PAGE 2

## ICECAPADES



THE GLOBE AND MAIL • TUESDAY, AUGUST 2, 2016 SECTION E

**CURTAIN CALL**  
J. Kelly Newsum reveals what's coming to Soulpepper next season  
PAGE 2



**PEACE AND PINA COLADAS**  
How to find Zen at an all-inclusive beach resort  
PAGE 4

# Globe Life & Arts

## TRAVEL

### OFF PEAK

BY J. KELLY NEWSUM

It's the low season in Torres del Paine National Park, and the view is still spectacular. The snow-capped mountains are more visible than ever, and the water is a brilliant blue. The park is quiet, but the beauty of the landscape is still there. The low season is a great time to visit, as you can enjoy the park's beauty without the crowds. The weather is still good, and the views are still incredible. The park is a hidden gem, and it's worth a visit.

A hike below the mountains of Chile's Torres Del Paine National Park is always a trek full of wonders. But trekking in the low season brings a quiet that only heightens the beauty of jade-coloured lakes, bus-sized icebergs and those iconic summits

**DARRYL LENUX**  
TORRES DEL PAINE, CHILE

I've been hiking for less than a year, and I've discovered that there's nothing more beautiful than hiking in a national park. Torres del Paine National Park is no exception. The park is a hidden gem, and it's worth a visit. The low season is a great time to visit, as you can enjoy the park's beauty without the crowds. The weather is still good, and the views are still incredible. The park is a hidden gem, and it's worth a visit.

**THE OVERACHIEVER'S GUIDE TO AUGUST**  
A globe life series on the art of getting done

By J. Kelly Newsum

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## The heli-ski trip that's easier to reach than you think



Mallard Mountain Lodge, B.C.

There's a small town of 1,200 people, but the resort is a world-class heli-ski destination. The resort is located in a beautiful area with stunning views of the mountains. The heli-skiing is world-class, and the resort offers a variety of services to make your trip as comfortable as possible.



The helicopter ride up to the summit with Northern Escape Heli-Skiing has got to be the fastest chairlift in the world.

DARRYL LENUX

**DARRYL LENUX**  
TERRACE, B.C.  
SPECIAL TO THE GLOBE AND MAIL  
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UPDATED MAY 16, 2018

The Street  
Atlantic correspondent Oliver Moore revels in Halifax pit Page 7

REVIEW: MAY 12, 2016  
GLOBE AND MAIL  
Globe Travel

**CATCHING SOME NORTHERN RAYS**

Forget the beach. The best place to see and capture northern rays isn't a beach, it's the mountains — say 1,000 metres to 2,000 metres in the snow-capped hills of Alaska. Darryl Lennox goes to a remote spot in Alaska to catch a summer coming of age in Alaska.

**Mallard Mountain Lodge, B.C.**

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The group that's at the top of the mountain is the most difficult to reach. The resort is a world-class heli-ski destination, and it's worth a visit. The low season is a great time to visit, as you can enjoy the park's beauty without the crowds. The weather is still good, and the views are still incredible. The park is a hidden gem, and it's worth a visit.



WITHOUT A PADDLE  
John Doyle says CBC's  
Schitt's Creek is dead on arrival  
PAGE 2



RARE GEMS  
The lure of the black pearl:  
a buyer's guide in French Polynesia  
PAGE 5

# Globe Life & Arts

TRAVEL

LIFE EDITOR: KATHY HAYWARD • ARTS EDITOR: JARED BLAND

## VIRGIN TERRAIN

Skiers who drop down into the Punch Bowl in western British Columbia get first crack at exploring the remote slopes and can even name the runs.  
**Darryl Leniuk** looks the lure of untracked powder



WALDMONT, B.C.

"I'm taking four descents" is normally the refrain of those who hike with firm crampons in the high alpine. But in the case of the Punch Bowl in western British Columbia, it's not the pitch in the flat light, and was suddenly canyoneering. I'd tangled some ropes, and I was stuck in a long, thin snow had worked its way into place you never want to get stuck in. I was stuck in a long, thin snow had worked its way into place you never want to get stuck in. I was stuck in a long, thin snow had worked its way into place you never want to get stuck in.

Just when you think you've reached the summit, you're faced with a steep, rocky descent. The snow is not what you'd expect. It's not the soft, fluffy stuff you see in the movies. It's a hard, icy crust that has formed over the snow. It's a hard, icy crust that has formed over the snow. It's a hard, icy crust that has formed over the snow.

Photo by Darryl Leniuk

PHOTO BY DARRYL LENIUK

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# WESTJET MAGAZINE

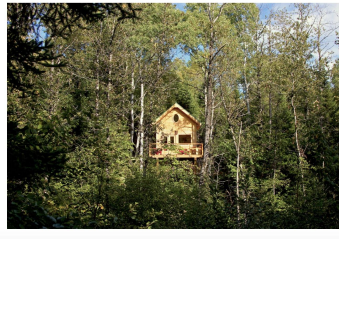
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## Three Days Along the Saguenay Fjord

This majestic Quebec waterway combines outdoor adventure, whales and funky forest sleeps

JUNE 7, 2016 • BY DARRYL LENIUK



Cultural Immersion  
Indigenous-led attractions and events across Canada

Low fare finder

ENTER TO WIN  
a \$1,000 box of Hawaiian Rainbow Papaya

### NEW BRUNSWICK

## Outdoor adventures that the kids can enjoy

Visiting both of New Brunswick's national parks offers up two distinctly memorable experiences

DARRYL LENIUK  
DARRYL@GLOBEANDMAIL.COM

A weekend road with kids can be complicated and, to be frank, the rewards of camping in the wild are seldom worth the effort. So after receiving word that the Saguenay Fjord National Park was opening up to wilderness areas, we wanted to see if we could find the perfect answer in an outdoor setting for our five-year-old son and enough outdoor light for us. With each park, we had a different experience. In Saguenay Fjord National Park, we had a different experience. In Saguenay Fjord National Park, we had a different experience.



Trail dogs, up to 8,000 feet, cover one per cent of the Saguenay Fjord National Park.

The Saguenay Fjord National Park is a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities.

The Saguenay Fjord National Park is a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities.

### IF YOU GO

**Kouchibougué National Park**  
The "Magical Gardens" and "Lagoon Lake" have led to a lot of attention on the park, which covers about 450 km² of land. The park's public "Wagoner Canoe Adventure" is a family-friendly activity with work costs \$15 per person. Backcountry camping is free per person, but other recreational activities like canoeing and fishing will cost extra. The park is a beautiful area with a lot of outdoor activities.

**Parikwut Village**  
The Parikwut Village is a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities.

**Wilderness**  
The wilderness area is a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities.

**Saguenay Fjord**  
The Saguenay Fjord is a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities. It's a beautiful area with a lot of outdoor activities.

### THE GLOBE AND MAIL TRAVEL

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## No ski lifts, no chic bistros – just bliss in backcountry B.C.



Ski hoppers along McGillicuddy Pass in British Columbia.

DARRYL LENIUK

PHOTO BY DARRYL LENIUK

### TRAVEL

- 1 The greatest peak of being Prime Minister? A really nice cottage.
- 2 You hated the idea of starting CPW at 70. Now, how about 75?
- 3 Bank of Canada says business confidence not recent, bolsters case for job cut hike.
- 4 The teacher who changed your child's life deserves more than a gift card.
- 5 Student surprise: PMCA for Canadian economy? PMCA is...



PHOTO BY DARRYL LENIUK

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